

FITNESS WORKZ[®]

TERMS & CONDITIONS

OUR SERVICES

1. This Agreement governs the use of Fitness Workz's services ("Services"), through which participants and/or guests can obtain, purchase or attend to programming content via walk-ins and/or other engaged services such as but not limited to, cohesion, corporate arrangements, and event hosting (collectively, "Content").
2. Content may be offered through the Services by HomeTeamNS, or a third party approved by HomeTeamNS.
3. Our Services are available for the use within all Fitness Workz gyms at Bedok Reservoir Clubhouse, Bukit Batok Clubhouse and Khatib Clubhouse, HomeTeamNS, Singapore.
4. Full payment upon acquiring Fitness Workz's Services, referred to as a "Transaction" either via on site kiosks, HomeTeamNS mobile application and website. Each Transaction is an electronic contract between the participant(s) and HomeTeamNS. All transactions are final. Content prices may change at any time without any prior notice. Members and Guests of Fitness Workz shall produce valid membership cards and/or official receipts for validation upon request.

MEMBERSHIP

1. The 20% discount is exclusively applicable to HomeTeamNS members holding a **valid Infinity Membership**.
2. This discount is only valid only for the purchase of all **Annual Off-Peak (One Club)**, **Annual All-Day (One Club)** or **Annual All Access Membership (Off-Peak)**, **Annual All Access Membership (All-Day)**.
3. Off-Peak membership only permits usage time from: **Mon to Fri: 7am to 5pm, Weekends & Public Holiday - 7am to 1:30pm**.
4. All payments (walk-ins and membership) to HomeTeamNS Fitness Workz are strictly **non-refundable** and /or **non-transferable**.



5. All off-peak users must leave the gym at 5pm on weekdays and 1:30pm on weekends/PH.
6. Fitness Workz membership will lapse /be terminated if HomeTeamNS membership expires.
(Minimum age of 14 years old is required to sign up for an individual membership)
7. Fitness Workz membership is strictly **non-refundable** and/or **non-transferable**.
8. Membership card is non-transferable, and the use of this card is limited to the person whose membership name is printed.
9. Any loss / replacement of membership card will be charged at \$21.80 respectively.
10. Any freezing of membership will be charged at \$21.80, subject to approval.
11. Any other enquiries to be provided in writing to **fitness_workz@hometeamns.sg**

ADMISSION

1. Members must produce their Fitness Workz membership card to the duty personnel at the gym counter for admission.
2. Members are entitled to use the lockers provided by the gym. For Fitness Workz Bedok Reservoir and Khatib, members will need to tap their membership card to lock/unlock the individualized lockers. For Fitness Workz Balestier and Bukit Batok, members will exchange their membership card for a physical key to the individualized lockers.
3. For guests/walk-ins, a guest key card / locker key may be issued by exchanging their personal card that **does not** show their **NRIC**. The keycard / locker key must be returned to the duty personnel at the end of their visit. However, if a member loses the keycard / locker key, the member is liable to pay the prevailing rate for replacement of the keycard/ locker key at \$21.80.

OPERATION HOURS (WITH EFFECT FROM APRIL 2025)

1. Fitness Workz operates from Mon to Sunday: **7am to 10:30pm**
2. Operating hours for PH: **7am to 5pm**

DRESS CODE AND ATTIRE



1. All members must be in proper exercise attire such as T-shirts, tank-tops, shorts, tights, track pants, and covered sports shoes. Anyone in inappropriate attire will be rejected from admission to the gym.

HOUSE RULES

1. All members are issued with towels (maximum of 2 towels per pax).
2. No external and unauthorized personal training allowed.
3. Members must remove all personal belongings from the lockers after each visit. The Management accepts no responsibility for any theft, damage to personal property or other misdemeanor caused to equipment or content there in whilst in the gym and its premises.
4. Members must use a towel during their workout and clean off their perspiration from the exercise equipment after use, for the hygiene and convenience of other users. Additionally, cleaning towels and sanitizers are located throughout the gym for members to clean the equipment after use.
5. Members must not hog any equipment.
6. Members should be always considerate towards other users e.g. they should not talk loudly. Use of abusive language or gestures is strictly prohibited.
7. Members are reminded to use the Fitness Workz facilities with care and not to deface or damage the property in any way.
8. Members are advised not to leave their personal belongings in common areas at all times.
9. Members should seek the assistance of the instructor should they encounter any doubts about the usage of the equipment.
10. Soliciting and Smoking is strictly prohibited.
11. Consumption of food is not allowed at all times within the premises.
12. Any form of beverages is to be consumed at its designated area.
13. Members who are intoxicated are strictly not permitted to use the gym facilities.



14. Members should always keep the gym clean by disposing unwanted items in the rubbish bins provided.
15. The Management shall not be held responsible or liable for any loss or damage of property whatsoever or any bodily injuries, illness or death of any member or any other person, whatsoever caused, aggravated, sustained or otherwise of any facilities and/or equipment (whether defective or not) of the Fitness Workz.
16. Members are advised to undergo a medical examination prior to joining the Fitness Workz and/or using the facilities.
17. Members experiencing giddiness, chest pains, breathlessness or other discomforts during their workout are advised to stop immediately.
18. Members in poor health (e.g. heart problem, diabetes, etc.) should seek medical advice from a qualified medical practitioner before joining Fitness Workz.

STEAM ROOM

1. Take a shower before using the steam room
2. Avoid using the steam room if members experience unwellness or have any rashes or any other form of skin irritation problems.
3. Members using the steam room are advised to be decently clad (i.e.no exposure of private areas*) and to always adhere strictly to appropriate behavior.

MAINTENANCE

1. Any section of the gym may be scheduled to closed from time to time for necessary maintenance or repair works.

DAMAGE OR LOSS

1. Members and/or Guests shall be responsible for any loss or damage to any property arising from participating in activities and/or engagements within Fitness Workz. Costs of repair or replacement will be included and be rendered immediately, at the end of the activity or at any time thereafter.



2. HomeTeamNS shall not be responsible for any safekeeping or custody of any Participants' and/or Guests' property. Under no circumstances will Fitness Workz make good or accept responsibility or liability in this respect and that Participants and/or Guests shall undertake and indemnify against any or all claims and proceedings for loss/or damages, be it incidental, special, indirect or consequential damages, including without limitation for loss of profits, loss of data, business interruption, or any other commercial damages and/or losses arising out of or related to participants and/or guests ability or inability to use or participate in Fitness Workz's zonal elements and services.

FORCE MAJEURE

1. Fitness Workz shall not be held responsible for the delays or failure in the delivery of services if such delay arises out of causes beyond its control. Such causes may include, but not restricted to, acts of God or of the public enemy, fires, floods, epidemics, riots, quarantine restrictions, strikes, freight embargoes, earthquakes, electrical outages, computer or communication failure, severe weather and acts or omissions of subcontractors or third parties.

WAIVER AND INDEMNITY

1. Members and Guests of Fitness Workz must warrant that they are in good physical and mental health and have no physical condition that would endanger them while participating in any programmes and/or engagements.
2. Members and Guests of Fitness Workz understand and acknowledge the nature of activities involve considerable amount of physical-mental risks and self-judgement.
3. Whilst reasonable precautions will be taken to ensure the safety of participants and guests within Fitness Workz, HomeTeamNS will not be held liable for any injury or death arising from participating in the programmes and/or engagements, or for any loss or damage to any personal property occurring during the course of the programmes and/or engagements, except for such injury or death that is caused directly by HomeTeamNS's breach of legal duty of care.
4. During programmes and/or engagements within Fitness Workz, any injury caused, whether fatal or otherwise, to anyone or any damage to, or loss of any property of any person, HomeTeamNS will be indemnified in the event that the suffering person makes claims or takes actions against HomeTeamNS for any payment for costs or expenses.



5. Members and Guests of Fitness Workz hereby undertake, at all times, to indemnify, defend and hold HomeTeamNS harmless from any and all liability, loss, damages and expenses, including attorney fees they may suffer as the result of claims, demands, costs or judgments which may be made or instituted against HomeTeamNS by reason of personal injury, including death, to any person or damage to property because of, arising out of, or connected directly or indirectly with activities, programmes, engagements or participation within Fitness Workz therein.

PUBLICITY RELEASE

1. Members and/or Guests of Fitness Workz authorize HomeTeamNS and any other advertising or marketing agency on behalf of HomeTeamNS to take, use and/or reproduce photographs, films and/or digital media of Programme Content, before, during, and after the usage of zonal elements and services within Fitness Workz as long as participants and/or guests are within Fitness Workz's premises for any purpose deemed suitable by HomeTeamNS.
2. Members and/or Guests of Fitness Workz hence abide by all established rules and regulations on the public release of content and shall not authorize the use of any print, negative and/or other copy thereof by anyone other than HomeTeamNS.

PRIVACY POLICY: PERSONAL DATA PROTECTION ACT

1. HomeTeamNS recognizes its obligations under the Personal Data Protection Act 2012 (PDPA) which includes the collective use and disclosure of personal data which an individual and/or organization has given consent to. HomeTeamNS will provide information about products, invitations to exclusive events and programmes, workshops and courses, latest Clubhouse developments and updates on in-house facilities, announcements, reminders and notices via Electronic Direct Mailers (EDMs), Short Messaging Service (SMS), direct postal mail and/or voice phone calls. The consent that an individual and/or organization has provided for the collection, use and disclosure of personal data will remain valid until such time it is being withdrawn by said individual and/or organization.
2. Members and/or Guests use of Services and Content within Fitness Workz is subject to HomeTeamNS's Privacy Policy, which is available at <https://www.hometeamns.sg/pdpa/>.
3. If any part of this Agreement is held invalid or unenforceable, that portion shall be construed in a manner consistent with applicable law to reflect, as nearly as possible, the original intentions and the remaining portions shall remain in full force and effect.



THIRD-PARTY MATERIALS

1. Fitness Workz is not responsible or liable for third-party materials included within or linked from the Content or the Services.

TERMINATION AND SUSPENSION

1. If any participant fails, or HomeTeamNS suspects that he/she have failed, to comply with any of the provisions of this Agreement, HomeTeamNS may, without notice to him/her: (i) terminate this Agreement and he/she will remain liable for all amounts due up to and including the date of termination; and/or (ii) preclude his/her access to Fitness Workz.
2. HomeTeamNS further reserves the right to modify, suspend, or discontinue the Services, or any part of Content thereof, at any time with or without notice to him/her, and HomeTeamNS will not be liable to him/her or to any third party should it exercise such rights.

CONTRACT CHANGES

1. HomeTeamNS reserves the right at any time to modify this Agreement and to add new or additional terms and conditions on use of the Services. Such modifications and additional terms and conditions will be effective immediately and incorporated into this Agreement. A participant's continued use of the Services within Fitness Workz will be deemed acceptance thereof.

OTHER PROVISIONS

1. This Agreement constitutes the entire agreement between participants and/or guests and HomeTeamNS and governs the use of the Services within Fitness Workz, superseding any prior agreements with respect to the same subject matter between any member and/or guest and HomeTeamNS. He/She may also be subjected to additional terms and conditions that may apply when engaging affiliate services, third-party programming content, or additional services not defined in this Agreement.

MANAGEMENT

1. The Management reserves the right to conduct membership check at any time.



2. The Management of HomeTeamNS reserves the right to refuse entry and/or to remove any members who, in the opinion of the management, is:
- An undesirable person.
 - Likely to be or has previously been a nuisance to other members.
 - Likely to commit or has committed a breach of the conditions of the Club or the Laws in Singapore.
 - Improperly attired at the premises.
 - The Management shall have the sole responsibility for the management of Fitness Workz and may in its sole discretion withdraw or add to the benefits and privileges and the use of the facilities and equipment in Fitness Workz.
 - The Management may in its sole discretion to amend, vary, remove, or add to these rules.

The Laws of Singapore shall apply to all the above rules.

