

PRESS RELEASE

HomeTeamNS REAL[®] Run 2017 Presents Singapore's first NS50 Flag Parade Contingent to pay tribute to Home Team NSmen

SINGAPORE, October 15, 2017 – A total of 5,000 participants took part in the 22nd edition of HomeTeamNS REAL[®] (Regular Exercise, Active Lifestyle) Run that was flagged off by Guest-of-Honour, Mr Desmond Lee, President, HomeTeamNS, Minister of Social and Family Development and Second Minister of Ministry of National Development today at Coney Island. Comprising 10km and 5km competitive and recreational run categories, the participants faced a unique multi-terrain challenge where runners were given a choice between Coney Island's nature trail with its rough terrain or Punggol Waterway Park's urban landscape.

2. This year's REAL[®] Run celebrated the 50th anniversary of National Service (NS50) with a special Flag Parade Contingent of over 100 flag bearers each flying their division flags with pride during the flag off. In addition, 14 runners from the Special Olympics were invited to put their physical fitness to the test and each was paired with a HomeTeamNS runner as they raced through the 10km and 5km category respectively.

3. "This is my tenth time participating in HomeTeamNS REAL[®] Run and I am especially proud to represent my division this year. The running route at Coney Island was a refreshing challenge and I was honoured to be paired with Ahmad from the Special Olympics. It is truly a showcase of how running is universal and offers a great platform for bonding and inclusion," said COL (NS) Edwan Nizar.

4. NSmen are eligible to collect their NS50 Commemorative Gift- a limited edition set of die-cast vehicles featuring SCDF's light fire attack vehicle (LFAV) and SPF's Fast Response Car (FRC). NSmen can redeem 40,000 of the NS50 Commemorative Gifts at HomeTeamNS Balestier, Bukit Batok and Tampines clubhouses.

5. For the latest REAL[™] Run news and announcements, visit www.realrun.sg or www.facebook.com/HomeTeamNSREALClub.

About HomeTeamNS REAL[®] Run

The HomeTeamNS REAL[™] (Regular Exercise, Active Lifestyle) Run is an annual run dedicated to provide an “Ultimate Running Experience” with the combination of road, trail and sand terrains. The HomeTeamNS REAL[®] Run was first organised in 1996 by the Singapore Police Association for NSmen (SPANS), with the aim of promoting healthy lifestyle among the SPF National Servicemen.

Following the launch of HomeTeamNS in 2005, after the merger between SPANS and Singapore Civil Defence Association for National Servicemen (CDANS), the HomeTeamNS REAL[®] Run has attracted runners locally and expanded internationally to embrace like-minded athletes from various countries. REAL[™] Run maintains its position as the only run in Singapore organised by NSmen for NSmen.

About HomeTeamNS

HomeTeamNS is a non-profit organisation set up to recognise the invaluable contributions of the Singapore Police Force (SPF) and Singapore Civil Defence Force (SCDF) NSmen to the safety and security of the nation. HomeTeamNS aims to build a greater sense of camaraderie amongst SPF and SCDF NSmen by providing a shared environment for them to network and build bonds through sporting and social activities.

HomeTeamNS has a membership base of 189,804 with five clubhouses conveniently located at Balestier, Bukit Batok, Chinatown, Tampines and Sembawang. For more information, please visit www.hometeamns.sg.

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