

PRESS RELEASE

Three Hundred Runners Raced with Home Team Elite Forces in Singapore's First Multi-Terrain Obstacle Challenge at HomeTeamNS REAL™ Run 2016

SINGAPORE, May 15, 2016 – A total of 5,000 participants took part in the 21st edition of HomeTeamNS REAL™ (Regular Exercise, Active Lifestyle) Run that was flagged off by Mr Desmond Lee, Senior Minister of State, Ministry of Home Affairs, and President of HomeTeamNS today at Sentosa. Comprising 10km and 5km competitive and recreational run categories on road and sand terrains, the run also saw for the first time a multi-terrain obstacle challenge. More than 300 NSFs, NSmen, and members of the public completed the 5km-long route filled with obstacles that were modified from the Singapore Police Force (SPF) and Singapore Civil Defence Force (SCDF) training. Thirty Home Team elite runners from SPF Special Operations Command (SOC), SCDF Disaster Assistance and Rescue Team (DART) as well as other divisions also participated in the obstacle challenge. The aim of this new category is to reinforce the Home Team identity and exemplifies the need for Singaporeans from all walks of life to play a key role in safeguarding Singapore.

2. The event was attended by Guest-of-Honour Mr K Shanmugam, Minister for Home Affairs and Chairman, HomeTeamNS Board of Governors.

3. COL (NS) Malik Aljunied, Chairman, Organising Committee for HomeTeamNS REAL Run 2016 shared, “The Obstacle Challenge is a first in the run’s two-decade history to provide an opportunity for the running community to race with the elites from the Home Team. The Obstacle Challenge has been modified to showcase some training elements from the Home Team. This is part of our commitment to continually challenge and excite the running community every year by giving them a refreshed ultimate running experience.”

5. For the latest REAL™ Run news and announcements, visit www.realrun.sg or www.facebook.com/HomeTeamNSREALClub.

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About HomeTeamNS REAL™ Run

The HomeTeamNS REAL™ (Regular Exercise, Active Lifestyle) Run is an annual run dedicated to provide an “Ultimate Running Experience” with the combination of road, trail and sand terrains. The HomeTeamNS REAL™ Run was first organised in 1996 by the Singapore Police Association for NSmen (SPANS), with the aim of promoting healthy lifestyle among the SPF National Servicemen.

Following the launch of HomeTeamNS in 2005, after the merger between SPANS and Singapore Civil Defence Association for National Servicemen (CDANS), the HomeTeamNS REAL™ Run has attracted runners locally and expanded internationally to embrace like-minded athletes from various countries. REAL™ Run maintains its position as the only run in Singapore organised by NSmen for NSmen.

About HomeTeamNS

HomeTeamNS is a non-profit organisation set up to recognise the invaluable contributions of the Singapore Police Force (SPF) and Singapore Civil Defence Force (SCDF) NSmen to the safety and security of the nation. HomeTeamNS aims to build a greater sense of camaraderie amongst SPF and SCDF NSmen by providing a shared environment for them to network and build bonds through sporting and social activities.

HomeTeamNS has a membership base of 189,804 with four clubhouses conveniently located at Balestier, Bukit Batok, Chinatown and Sembawang. For more information, please visit www.hometeamns.sg.

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