

PRESS RELEASE

Inaugural Torch Relay to Honour 180,000 Home Team NSmen and Commemorate Two Decades of REAL™ Run

SINGAPORE, May 17, 2015 – A total of 5,000 participants took part in the 20th annual REAL™ (Regular Exercise, Active Lifestyle) Run today at Sentosa. Comprising 10km and 5km competitive and recreational run categories on road and sand terrains, the run also saw for the first time a “HomeTeamNS Celebrates Life” torch relay, with 20 NSFs and NSmen from Singapore Police Force (SPF) and Singapore Civil Defence Force (SCDF) running the 5km route. The torch relay serves to honour the 180,000 Home Team NSmen for their contributions towards Singapore’s safety and security, as HomeTeamNS marks its 10th Anniversary, and celebrates 20 years of REAL™ Run.

2. The event was flagged off by Guest-of-Honour Mr Masagos Zulkifli, Minister for Prime Minister’s Office, Second Minister for Ministry of Home and Foreign Affairs, and President of HomeTeamNS. Mr Masagos said, “Regular Exercise, Active Lifestyle (REAL™) remains a key part of a fulfilling NS life. Hence, I am delighted that REAL™ Run, touted as the toughest 10km race in the nation has been well-received by the runners for the last two decades, and continues to be an event that binds SPF and SCDF forces. I am also heartened that this year’s run will be extra special as we commemorate 10 years of HomeTeamNS, 20 years of REAL™ Run and 40 years of Police NS as part of SG50 celebrations. Moving forward, HomeTeamNS will spearhead more innovative initiatives that will raise NSmen’s fitness standards and advocate a healthy lifestyle among NSmen and their families.”

Celebrating the Spirit of National Service with Friends and Family

3. The run was also attended by the Commissioner of Police, Mr Hoong Wee Teck, and the Commissioner SCDF, Mr Eric Yap Wee Teck. Mr Muhammed Shariff Abdullah, also known as Singapore’s Blade Runner, will make his fifth appearance for REAL™ Run this year. The fervent and inspiring athlete has taken part in over 20 marathons since 2009. As part of Go50, Mr Lim Ngee Huat, Singapore’s ultra-marathoner will be running the 10km route for the 50km per day challenge in the lead up towards SG50 celebrations.

4. For the latest REAL™ Run news and announcements, visit www.realrun.sg or www.facebook.com/HomeTeamNSREALClub.

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About HomeTeamNS REAL™ Run

The HomeTeamNS REAL™ (Regular Exercise, Active Lifestyle) Run is an annual run dedicated to provide an "Ultimate Running Experience" with the combination of road, trail and sand terrains. The HomeTeamNS REAL™ Run was first organised in 1996 by the Singapore Police Association for NSmen (SPANS), with the aim of promoting healthy lifestyle among the SPF National Servicemen.

Following the launch of HomeTeamNS in 2005, after the merger between SPANS and Singapore Civil Defence Association for National Servicemen (CDANS), the HomeTeamNS REAL™ Run has attracted runners locally and expanded internationally to embrace like-minded athletes from various countries. REAL™ Run maintains its position as the only run in Singapore organised by NSmen for NSmen.

About HomeTeamNS

HomeTeamNS is a non-profit organisation set up to recognise the invaluable contributions of the Singapore Police Force (SPF) and Singapore Civil Defence Force (SCDF) NSmen to the safety and security of the nation. HomeTeamNS aims to build a greater sense of camaraderie amongst SPF and SCDF NSmen by providing a shared environment for them to network and build bonds through sporting and social activities.

HomeTeamNS has a membership base of 189,804 with four clubhouses conveniently located at Balestier, Bukit Batok, Chinatown and Sembawang. For more information, please visit www.hometeamns.sg.

Released on behalf of HomeTeamNS by Huntington Communications.

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