



HomeTeamNS

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FOR IMMEDIATE RELEASE

**The HomeTeamNS REAL Run is set to be Singapore's toughest 10km race in 2013.
Commissioners of SPF & SCDF to lead the way.**

Come 25 May, Sat, this year's HomeTeamNS REAL Run will bring runners through the sun, sand and scenery in Sentosa. Regardless of the distance category, runners will enjoy a unique terrain experience and a carnival at the Finish Point.

2 Leading the pack will be the Commissioner of Police Ng Joo Hee and Commissioner of SCDF Eric Yap. They will be taking on the 10km route and will traverse through all 3 beaches in Sentosa (i.e. Palawan, Siloso and Tanjong) and will experience several uphill and downhill.

3 These are the distances and flag-off timings:

Distance	Flag-off	Start Point	End Point
10km Competitive	7:30am	Sentosa Gateway	Beach Carpark
3km Fun Walk	8am	Sentosa Gateway	Beach Carpark
500m Kids Beach Dash	9am	Palawan Beach	Palawan Beach

4 The REAL Run takes place on **Sat, 25 May, 2013** at **Sentosa** and will be graced by Mr Masagos Zulkifli, Senior Minister of State (Ministry of Home and Foreign Affairs) and is organised by HomeTeamNS, an Association for the Police and Civil Defence NSmen. There will be a full road closure along Sentosa Gateway (outbound) and one lane closure (inbound) from 12midnight to 9:30am on 25 May. For more information, please visit www.REALRun.sg.

Media Information

5 There will be a vehicle to transport the media from the Start Point (Sentosa Gateway), to the beach portion for a photo opportunity, and then to the Finish Point to catch the flag-off for the Kids' Beach Dash. **Please contact Priscilla or Elaine early to facilitate meet-up on Race Day, as media passes are required to enter the Race Area.**

6 Attached with this media release are the event's fact sheet, route narratives and Race Day Programme.

About The Organiser

HomeTeamNS is a non-profit Association set up to recognise the invaluable contributions of the Police and Civil Defence NSmen to the safety and security of the nation. The Association aims to build a greater sense of camaraderie amongst the Police and Civil Defence NSmen by providing a shared environment for them to network and build bonds through sporting and social activities.

HomeTeamNS has a membership base of 180,000 with 5 clubhouses conveniently located at Bukit Batok, Balestier, Sembawang, Smith Street and Pasir Ris. For more information, please visit www.hometeamns.sg.